Initial: 9/92

Reviewed/revised: 5/10/00

Revision: 2

MILWAUKEE COUNTY EMS PRACTICAL SKILL LOG ROLL TO LONG BOARD

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SUPINE PATIENT

Purpose:		Indications:		
To provide rigid stabilization of the spinal column in a patient with a suspected potential for spinal cord injury		Patients with a suspected potential for spinal cord injury		
Advantages:	Disadvantages:		Complications:	Contraindications:
Prevent further injury	Requires three knowledgeable rescuers Immobilizes patient supine leaving airway easily compromised if patient vomits Straps may restrict respiratory effort		None	None

Maintain cervical stabilization

EMT#1: maintain cervical stabilization and direct the team in patient movement

Position long board along one side of patient

EMT #2 & #3: kneel in straight line, along patient's side

EMT #2: raise patient's nearest arm over patient's head to prevent arm from obstructing roll (or place arm at patient's side with hand against thigh)

EMT #2: Place one hand on patient's farthest shoulder, other hand on small of back

EMT #3: place top hand around patient's hip, bottom hand at thigh region

On signal from EMT #1, EMT #2 & #3 roll patient toward them, while maintaining spinal alignment

Place device to ensure patient's head is in proper alignment when patient is rolled back

On signal from EMT #1, roll patient back onto device and lower arm to side

If centering is necessary: on signal from EMT #1, slide patient with gentle, even motion while maintaining spinal alignment

EMT #3: secure body to long board

EMT #2: secure patient's head to long board

EMT #1: release manual stabilization

Reassess status of circulation, movement and sensation